

FARE FOR ALL

SAVE UP TO 50% ON YOUR MONTHLY GROCERIES

FARE FOR ALL IS...

- Fresh, healthy and nutritious foods
- Affordable—Save up to 40-50% on your monthly groceries
- Committed to improving communities by encouraging and facilitating volunteer opportunities
- Open to everyone! There are no income-based requirements for participation

PACKAGE INFORMATION

- The 5 packs described on this page are available to order once a month
- Monthly specials are available throughout the year, such as the *Holiday Packs* which contain all you need to prepare your holiday meal favorites.

TO LEARN MORE...

- www.fareforall.org or call 763-450-3880 or 1-800-582-4291
- Visit the Fare For All distribution site in your area

Regular Pack \$17

The Regular Pack includes 4 or more fresh vegetable items, 2 or more fresh fruit items and 4-5 frozen meats



Light Pack \$12

This pack features one meat item and all the fruits and vegetables of the Regular Pack



Meat Only Pack \$12

The Meat Only Pack contains 4 or more frozen meat items, which may include beef, chicken, pork and fish



Family Pack \$20

The Family Pack consists of a great variety of staple items such as oil, flour or sugar, soups, canned fruits and vegetables, rice, cereals, pasta, and boxed dinners



Vegetarian Pack \$10

The Vegetarian Pack contains a generous amount of fresh fruits, and vegetables, often accompanied by a dry food items such as rice beans and pasta



MINNESOTA'S FREE FOOD BANK

Fare For All is a program of the Emergency Foodshelf Network. The Emergency Foodshelf Network is a nonprofit organization that collects, warehouses and distributes high quality food and essential support services to Minnesota hunger relief organizations.