

HOW CAN I PARTICIPATE?

1. Visit the Fare For All website at www.fareforall.org to learn more about the program, find the distribution site closest to you and the dates of distribution.
2. Visit the distribution site on distribution day to place an order and pay for the following month or call Fare For All to place an order . Purchase 1, 2, 3 or more packages! There is no limit on the number of packages each participant can order.
3. Spend time volunteering in your community! Find something you enjoy doing – help at a local school, church or other community organization, help your neighbors, friends and relatives. Report your estimated time spent when you pick up your order each month.
4. Return to the distribution site on distribution day during the specified pick-up times. Because some of the food is frozen, it is important to pick up your order at the specified times. If you do not pick up your food, it may be distributed to others. No refunds or credit can be given.

FARE FOR ALL

2008

Distribution Dates

November 15, 2008

December 20, 2008

2009 Dates

January 17

February 21

March 21

April 18

May 16

June 20

July 18

August 22

September 19

*Fare For All is a program of the
Emergency Foodshelf Network*

The Emergency Foodshelf Network is a nonprofit organization that collects, warehouses and distributes high quality food and essential support services to Minnesota hunger relief organizations.

www.emergencyfoodshelf.org



MINNESOTA'S FREE FOOD BANK

Emergency Foodshelf Network
8501 54th Avenue North
New Hope, MN 55428

FARE FOR ALL



**SAVE UP TO 50% ON YOUR
MONTHLY GROCERIES!**



763-450-3880

1-800-582-4291

www.fareforall.org

**A Cooperative Food
Purchasing Program that
Benefits the Community.**

WHAT IS FARE FOR ALL?

Fare For All is a creative and affordable program that has been helping families and individuals stretch their monthly food budgets in the tri-state area since 1986.

AFFORDABLE

Through its volume-purchasing power, Fare For All is able to buy nutritious food at below-retail prices and pass on these savings to you!

NUTRITIOUS

Fare For All packages contain a variety of healthy, fresh, quality food items, including fruits, vegetables, frozen meats and staple items.

SERVING COMMUNITY

In addition to great cost-savings on food purchases, Fare For All is also committed to improving local neighborhoods and communities. We

encourage participants to contribute two hours of volunteer service each month. In 2007, Fare For All participants gave over 145,500 hours of time volunteering.



FARE FOR ALL PACKAGES

Regular Pack **\$17**

The Regular Pack includes 4 or more fresh vegetable items, 2 or more fresh fruit items and 3-4 frozen meats.

Light Pack **\$12**

The Light Pack features one meat item and all the fruit and vegetable items of the Regular Pack.

Meat Only Pack **\$12**

The Meat Only Pack contains 3-4 frozen meat items which may include chicken, beef, pork and fish.

Vegetarian Pack **\$10**

The Vegetarian Pack contains a variety of fresh fruits, vegetables and dry food items such as rice, beans and pasta.

Family Pack **\$20**

The Family Pack consists of a great variety of staple non-perishable items such as oil, flour or sugar, peanut butter, jelly, soups, canned fruits and vegetables, boxed dinners, cereals, rice and pasta to compliment the items in the other packages we offer.

**All package contents subject to change.*

Note: Some distribution sites may charge a minimal transportation fee per package of food ordered. Contact your local distribution site for details.

FARE FOR ALL INFORMATION

MONTHLY SPECIALS

Fare For All offers participants monthly specials throughout the year such as the *Mega-Meat Pack* that includes a variety of frozen meat items, *Holiday Packs* which contain all you need to prepare your holiday meal favorites, and other packages and food items designed to help you affordably feed your family.



ELIGIBILITY

Fare For All is open to everyone! There are no income-based requirements for participation.

WAREHOUSE SALE

Fare For All also sells its monthly food packages directly at its warehouse in New Hope, MN every Monday from 9:30AM- 7:00 PM.

The warehouse is located at:
8501 54th Avenue North
New Hope, Minnesota 55428

**Participants can pay with cash,
credit or debit card or EBT funds.**